

Convened by GEEARS and Sponsored by PNC & KPMG Family for Literacy

## Farmer Will Allen and the Growing Table Activity Ideas

Title of Activity: Growing a bean

Materials Needed: Ziploc bags, beans, paper towels, sunlight.

**Learning Objective**: How things grow.

**Description of Activity:** Wrap bean(s) gently in moist paper towel. Put in clear

Ziploc bag and hang in sunlit area. Beans will grow in 5 days.





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Title of Activity: Fresh fruit & veggie tasting

**Materials Needed**: Various fresh fruits or vegetables, enough for each child to have one or two small tastes. Be creative.

**Learning Objective**: Tasting freshly grown produce.

**Description of Activity**: Cut up the fruit or vegetable. Discuss different attributes like the peel or skin, if the item grows in the ground or on a tree or above the ground. Talk about the seasons for certain fruits and vegetables.





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Title of Activity: Edible dirt cups

**Materials Needed**: Oreo cookies, gummy worms, jelly beans, chocolate pudding, medium sized paper or plastic cups, sandwich Ziploc bags. (Spoons to eat it with).

**Learning Objective**: What are the components you need to get something to grow.

**Description of Activity**: Each child creates his or her own dirt cup by crushing the Oreos (in a Ziploc bag), scoop pudding into the cups, stick jelly bean "seeds" into the pudding and gummy worms and cover with Oreo loose "dirt".

